

Fredericksburg Ballet Centre is pleased to offer Classical Ballet classes designed with the Homeschooler in mind



**Movement
Education**
It's not just dance...

We want to introduce children to the art form of dance. However, there are many benefits for the developing child, for the total education of the student. It is not only a cultural device to provide a well-rounded student. It is not only an essential outlet for the children to express themselves creatively. It is not only physical activity stressing flexibility, stamina, aerobic benefits, control and strength. Dance is an essential element to the perceptual training of the young mind. Additionally, it is an excellent tool for developing self-discipline, self-confidence, and good work habits.

AM Classes Tuesday, Thursday
9:30-10:15 PreBallet ages 5-7
10:15-11:15 Ballet ages 8-11
11:15-12:15 Ballet ages 12 and up

PM Classes Tuesday, Thursday
1:00-1:45 PreBallet ages 5-7
1:45-2:45 Ballet ages 8-11
2:45-3:45 Ballet ages 12 and up

If your Homeschool group would like to come as a group, we can arrange a day and time that would work in your schedule

About the Instructor

Rosalind Whitescarver (Miss Rozzie), a native of Fredericksburg, Virginia, earned a Bachelor of Arts with a dance major from the UMW and a Master of Arts in Movement Education from VCU. She has studied dance and movement at The American University, The London Contemporary School of Dance, The Laban Center for Dance, and many studios in New York, Virginia, and Washington D.C. Ms. Whitescarver danced with Kathleen Harty Dance Theatre, Mary Washington College Dance Company, Virginia Ballet Theatre, Richmond Ballet, and the Fredericksburg Ballet Company. She founded and directed the Virginia Contemporary Dance Theatre for the purpose of presenting school performances. She has taught dance and movement education classes at three universities (VCU, University of Richmond, UMW) as well as numerous schools and studios in Fredericksburg, Richmond, Washington, D.C., and North Carolina. Ms. Whitescarver was Dance and Movement Specialist for Stafford County Schools and worked with all grade levels as she trained Physical Education, Drama, and Music teachers how to incorporate movement and dance into their curriculum. She trained classroom teachers how to utilize the arts to enhance learning. Ms. Whitescarver holds a North Carolina Post Graduate Collegiate Certificate for grades K-7. She has taught grades 2-6 in Virginia and North Carolina.

Email dance@fredericksburgballet.com or call 540-373-0978.

If you would like flyer's to hand-out to members, FBC would be happy to supply you with what you need.

FBC
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BALLET CENTRE